

12th SwNAP Acute Pain Conference 21st May 2026



South Wales Network of
Acute Pain



Programme

8:30	Registration and Trade exhibition	
9:00	Welcome from the Chair	Dr Ranj Khaffaf
9:10	Session Chair: Dr Sean Tobin	
	FPM National Developments in Acute Pain	Dr Devjit Srivastava FPM Board Member & Acute Pain lead Raigmore Hospital, NHS Highland
	Research in Pain Medicine- Where does the UK stand?	Prof. Shiva Tripathi Lancashire Teaching Hospitals NHS Foundation Trust
10:30	Coffee, Poster presentation, Trade exhibition	
11:00	Session Chair Mrs. Joanne Pritchard	
	Penthrox In Acute Pain Management	Mr. Matthew Cornell Advanced Clinical Practitioner Emergency Department CTMUHB
	Emerging experience from UK Perioperative or Transitional Pain Clinics	Dr Natasha Curran Consultant in Anaesthesia and Pain Medicine, UCLH
12:20	Lunch, Poster presentation, Trade exhibition	
13:20	Session Chair Dr. Murthy Varanasi	
	More Than Mortality: Associations Between Preoperative Analgesic Prescribing and Recovery after Emergency Laparotomy.	Dr Ameana Khan Consultant in Anaesthesia and Pain Medicine CVUHB
	Patient experiences of analgesia after major lower limb amputation	Dr Sarah Milosevic Research Associate Cardiff University
14:40	Coffee, Poster Presentation, Trade exhibition	
15:00	Session Chair Prof. Neeraj Saxena	
	Pain relief in burns related injuries.	Dr Steve Young Consultant Anaesthetist SBUHB
	Poster Presentations	
15:45	Audit of outcomes of erector spinae blockade for acute rib fractures	Dr Robert Whistance Dr Katy Bowes
15:50	Optimising Preoperative Screening for Chronic Postsurgical Pain (CPSP) Risk	Mrs. Joanne Pritchard Pain Specialist Nurse
	Improving medical student confidence in acute and chronic pain management through iterative, learner-centred teaching	Dr Luca Galvani
16:00	Poster Prizes and Close	

Registration

Registration is now live via Eventbrite – please use the link below to book your place: <https://www.eventbrite.co.uk/e/swnap-12th-annual-acute-pain-conference-tickets-1980833432118?aff=oddtcreator>

Visit www.swnap.org.uk for more information.
Spaces are limited to 50 delegates.

Registration fees
Consultants: £75
Trainee/SAS Doctors: £55
Nurses: £30
HCA/Students: £15

Poster submission guidelines

Open to all healthcare professionals
First prize: £100
Second prize: £75
Third prize: £50

Poster preparation guidelines are available on www.swnap.org.uk

Please submit abstracts by 1st of May 2026
CTM.PCHPainTraining@wales.nhs.uk

CPD Points

5 CPD points accredited by the Royal College of Anaesthetists

General Information

- This is a paper-free conference. Therefore, there will be no paper copies of the programme. Please feel free to bring your own equipment for note taking. Alternatively, if you require paper copies or notebooks it can be provided on the day.
- We will endeavour to provide the presentation slides after the conference.
- We request the feedback be provided online, through the feedback link.
- CPD certificates will be provided by email.

Venue Information

- Hilton Hotel, Cardiff Kingsway, Greyfriars Rd, Cardiff, CF10 3HH
- There is free wi-fi available.

Conference Sponsors

SwNAP thanks the conference sponsors who have kindly and generously supported us to make this conference possible.

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Meet the Speakers

Dr Devjit (Dev) Srivastava



Dr Dev Srivastava is a Consultant in Anaesthesia and Pain Medicine at Raigmore Hospital, Inverness, NHS Highland, with a specialist interest in perioperative pain and recovery. He is an Honorary Senior Lecturer at the University of Dundee and Acute Pain Lead and Board member at the Faculty of Pain Medicine (RCoA).

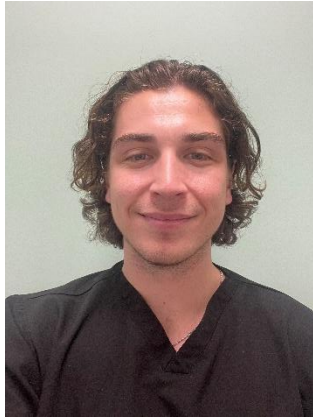
He is Chief Investigator of the VROOM trial exploring virtual reality for perioperative anxiety and pain, and is internationally recognised for his research into the FAAH-OUT gene, offering novel insights into pain mechanisms and potential therapeutic targets. Dr Srivastava has led UK national guidance on “Surgery and Opioids” and contributed extensively to pain service standards and safety initiatives. He is a regular invited speaker at national and international conferences, focusing on precision perioperative pain management and improving long-term patient outcomes.

Professor S Tripathi



Professor Tripathi is a Consultant in Anaesthesia and Pain Management at the Lancashire Teaching Hospitals and Honorary Clinical Professor at the University of Lancashire. A Board Member of the Faculty of Pain Medicine (RCoA) and NIHR Specialty Research Lead for APOMP (North West), he has led and delivered multiple NIHR and industry-funded multicentre trials, including First-in-Human studies in chronic low back pain. He recruited the first global patient in a landmark translational pain study and has served as Chief and Principal Investigator for a number of studies. An award-winning clinician–researcher, he brings strategic insight into UK pain research.

Matthew Cornell



Matt is an Advanced Clinical Practitioner in Emergency Medicine. He is a qualified Paramedic by registration and has experience in front-line prehospital work. He is MSc educated in Advanced Clinical Practice of Urgent and Emergency Care. Matt practices within a hospital setting at Prince Charles Hospital ED as part of our multi-disciplinary team, he is also a member of the Royal College of Emergency Medicine.

Talk Summary: Discussing the ever-growing use of Pentrox as a first-line pain treatment in acute, unscheduled care settings.

Dr Natasha Curran



Natasha is Health Innovation Network South London's Medical Director, Implementation Lead for our Applied Research Collaboration and Vice-Chair of London's Clinical Senate Council. Her clinical and research interests are in the biopsychosocial field of complex pain, practicing at University College London and Barts Hospitals. She is a reviewer for NICE, BMJ Open, NIHR, British Journal of Pain and Perioperative Medicine. She has served on the Boards of the National Innovation Accelerator, Clinical Reference Group for Specialised Pain and Wandsworth CCG.

Dr Sarah Milosevic



Sarah Milosevic is a Research Associate at the Centre for Trials Research, Cardiff University. She specialises in designing and conducting qualitative research within clinical trials and health studies, and in leading Patient and Public Involvement (PPI) activities to support trial development. She is experienced in exploring patient experiences across a range of contexts, including vascular surgery, emergency department care, maternity, and primary care.

Talk summary: PLACEMENT is a randomised controlled trial investigating the effect of perineural catheter and local anaesthetic infusion on postoperative pain and recovery after major lower limb amputation. Prior to the current trial, a small feasibility study was completed. Both studies have had an embedded qualitative component, including interviews with a sample of participants to explore patient

experiences. Participants who received the perineural catheter valued the localised and continuous nature of this method of analgesia in comparison to opioids, highlighting for instance the benefit of having pain relief 'on tap'. Concerns about opioid dependence and side effects of pain relief medication were raised both by patients with and without a perineural catheter, with some reporting trying to limit their intake of analgesics.

Dr Ameana Khan



Dr Ameana Khan MBBS, BMedSci, FRCA, FFPMRCA, FHLA is a Locum Consultant in Pain Medicine and Anaesthesia at Cardiff & Vale University Health Board. Her clinical interests include multidisciplinary chronic pain management and interventional pain procedures. She is actively involved in pain service development, with a focus on improving referral pathways and patient-centred care. Dr Khan is also engaged in education, with interests in perioperative outcomes and pain-related quality of life.

Talk Summary: Preoperative use of opioids, neuropathic agents, or antidepressants was associated with worse 12-month health-related quality of life after emergency laparotomy in a secondary analysis of 108 patients from the POLO study. Opioid use independently predicted poorer overall HRQoL and reduced mobility, while neuropathic and antidepressant medications were associated with reduced usual activities and higher anxiety/depression scores. These findings suggest preoperative analgesic exposure may act as a marker of vulnerability to poorer long-term recovery.

Dr Steve Young



Dr Young is a Consultant in Anaesthesia and Pain Management. He studied medicine at Cardiff University and have trained as an anaesthetist in South Wales specialising in pain management. He is a fellow of the Royal College of Anaesthetists and the Faculty of Pain Medicine with Pain medicine credential. He also works in the Welsh Centre for Burns and Plastics. His specialist areas of interest are in palliative care and cancer pain interventions. Dr Young provide a regional pain service for palliative pain in South West Wales and work as a Pain Consultant in Morrison Hospital.

Summary of talk: An overview of burn pain; It's causes and pathophysiology, Its assessment and management, Particular challenges due to the dynamic treatment of severe burns in an ITU setting.